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## PELVIC ULTRASOUND

Please arrive a few minutes before your exam time to check in and take care of any paperwork/co-payment needed, so the ultrasound can start promptly @  
APPOINTMENT DATE AND TIME: \_\_\_\_\_  
\_\_\_\_\_

## PELVIC ULTRASOUNDS

Ultrasound is used to gynecology to examine the pelvic organs. It can help:

- \*Identify a pelvic mass
- \*Show the location and characteristics of a mass
- \*Detect problems causing pelvic pain or irregular bleeding
- \*Locate the position of an intrauterine device (IUD)
- \*Monitor ovulation in treating infertility

Ultrasound exams are done here at Monadnock OB/GYN by a registered sonographer. To prepare for an ultrasound; wear clothes that allow your abdomen to be exposed easily. As you lie on the table, a gel will be applied to the surface of the abdomen. A transducer or probe is then moved across the abdomen to view the pelvic organs. Often times a vaginal ultrasound is used in conjunction with the abdominal approach. When vaginal ultrasound is used, a probe cover is placed over the transducer before insertion into the vagina. Combined with other tests and exams, ultrasound can help your provider make an accurate diagnosis and determine proper treatment for certain problems.

### Instructions:

FINISH drinking 32oz of fluid 1 hour before scheduled exam time. **DO NOT VOID.** An initial view of the pelvic organs will be done with the full bladder. You will then be allowed to empty your bladder. If a vaginal ultrasound is needed, this will be done with an empty bladder.

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